Citing and paraphrasing in APA
NURS 170 Student Workshop, October 4th, 2018

ACTIVITY #1: Citing an article in APA
In groups of 2-3, follow instructions to create a properly formatted APA citation.

Instructions
1. Open the article linked here: goo.gl/cwdnSr
2. Follow instructions on p. 8 of the Writing & Citing in APA guide: goo.gl/RLDtKn
   *TIP: The pdf article is a common format, so you do not need the [Format]
3. Build a properly formatted APA citation in the box below:

   *Think you have it right? Double-check with the group next to you and compare notes!

ACTIVITY #2: Paraphrasing in practice!
1. Read the passage a few times for understanding. TIP: See background info on slide
2. Jot down main ideas in point form.
3. In your own words, draft 1-2 sentence paraphrase. TIP: Be sure to include citation info!
4. Double-check! Is it clear that you are using your own words (NOT the authors')?

Passage to paraphrase:
“The nursing students' stress, measured by the PSS [Perceived Stress Scale], was found to have significantly reduced [...]. An effect size of .32 indicated a moderate effect of the intervention on participant stress. In addition, reduction in stress was related to the meditation practice frequency [...]. The more the participants practiced, the greater the reduction in their stress” (See below for source information*).